## Session

## On

## "Emotional Intelligence through Vedas"

The AECE Society of Department of Electronics and Communication Engineering organised a Session on "**Emotional Intelligence through Vedas**" for students of ECE department on April 18, 2024. Academic Dean and Head of Department (ECE), Prof. R.K. Yadav, addressed a welcome and began the programme with the Saraswati Vandana at 10:30 a.m. This programme was attended by nearly 150 students as well as Dean Welfare, Dean Academics, Dean EII, MBA Head and faculty members.

Keynote speaker Priya Arya Ji captivated the audience with her insights on harnessing internal power to become a centrifugal force that influences the world. She adeptly addressed the pervasive external noise of Western narratives surrounding mental health and oppression-induced depression, advocating for the utilization of Vedic wisdom to evoke the innate heroism within individuals. Arya Ji passionately emphasized that a nation's strength lies in its citizens, urging every Bharatiya to embrace the presence of Paramatma within and the interconnectedness of the universe. She envisioned a future where Bharat emerges as a Vishwaguru, unshakeable against external forces, with success as the inevitable outcome. The session, tailored for second and third-year students, fostered a highly interactive environment, encouraging active participation and dialogue.

In appreciation of her enlightening discourse, the esteemed guests received a heartfelt vote of gratitude and a token of appreciation from the Dean of Welfare, Dean of Academics, Dean of EII, and MBA Head, symbolizing the profound impact of their insights on the attendees. The lecture was informative, provided valuable insights and inspiration to students aspiring to pursue careers in this dynamic field.

A Session came to an end at 12.30 p.m.